

# The SERMON on the MOUNT

Compiled by Bruce T. Forbes; 1998

Scholars believe this discourse was delivered in the first part of Christ’s ministry, and it expresses many of the basic teachings that would begin to turn the people from the basics of the Law of Moses and point them toward the Gospel of Christ.

Roughly four years after the original discourse, this was delivered by the Resurrected Christ in the New World. Being a different culture who did not know what Pharisees or Sadducees or even pennies were, there are cultural differences in the Nephite version. Additionally, with the Nephite version being delivered after Christ's death and Resurrection - and after the Atonement - He had fulfilled and completed The Law when it was given - hence references to the fulfillment of the Law are past tense as opposed to future tense as in the Matthew versions.

**Matthew 3-5  
King James Version (KJV)**

**Matthew 3-5  
Joseph Smith’s Inspired  
Version (JST)**

**3 Nephi 12-14  
Sermon to the Nephites**

## INTRODUCTION

Matthew 5:1 ¶ And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him:  
2. And he opened his mouth, and taught them, saying,

JST Matthew 5:1 And Jesus, seeing the multitudes, went up into a mountain; and when he was set down, his disciples came unto him;  
2 And he opened his mouth, and taught them, saying,

3 Blessed are they who shall believe on me; and again, more blessed are they who shall believe on your words, when ye shall testify that ye have seen me and that I am.

4 Yea, blessed are they who shall believe on your words, and come down into the depth of humility, and be baptized in my name; for they shall be visited with fire and the Holy Ghost, and shall receive a remission of their sins.

3 Nephi 12:1 AND it came to pass that when Jesus had spoken these words unto Nephi, and to those who had been called, (now the number of them who had been called, and received power and authority to baptize, was twelve) and behold, he stretched forth his hand unto the multitude, and cried unto them, saying:

Blessed are ye if ye shall give heed unto the words of these twelve whom I have chosen from among you to minister unto you, and to be your servants; and unto them I have given power that they may baptize you with water; and after that ye are baptized with water, behold, I will baptize you with fire and with the Holy Ghost; ...

...therefore blessed are ye if ye shall believe in me and be baptized, after that ye have seen me and know that I am.

2 And again, more blessed are they who shall believe in your words because that ye shall testify that ye have seen me, and that ye know that I am.

Yea, blessed are they who shall believe in your words, and come down into the depths of humility and be baptized, for they shall be visited with fire and with the Holy Ghost, and shall receive a remission of their sins.

## BEATITUDES

<p>Matthew 5:3. ¶ Blessed are the poor in spirit: for theirs is the kingdom of heaven.</p> <p>4. Blessed are they that mourn: for they shall be comforted.</p> <p>5. Blessed are the meek: for they shall inherit the earth.</p> <p>6. Blessed are they which do hunger and thirst after righteousness: for they shall be filled.</p> <p>7. Blessed are the merciful: for they shall obtain mercy.</p> <p>8. Blessed are the pure in heart: for they shall see God.</p> <p>9. Blessed are the peacemakers: for they shall be called the children of God.</p> <p>10. Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.</p> <p>11. Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.</p> <p>12. Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.</p>	<p>JST Matthew 5:5 Yea, blessed are the poor in spirit, who come unto me; for theirs is the kingdom of heaven.</p> <p>6 And again, blessed are they that mourn; for they shall be comforted.</p> <p>7 And blessed are the meek; for they shall inherit the earth.</p> <p>8 And blessed are all they that do hunger and thirst after righteousness; for they shall be filled with the Holy Ghost.</p> <p>9 And blessed are the merciful; for they shall obtain mercy.</p> <p>10 And blessed are all the pure in heart; for they shall see God.</p> <p>11 And blessed are all the peacemakers; for they shall be called the children of God.</p> <p>12 Blessed are all they that are persecuted for my name's sake; for theirs is the kingdom of heaven.</p> <p>13 And blessed are ye when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.</p> <p>14 For ye shall have great joy, and be exceeding glad; for great shall be your reward in heaven; for so persecuted they the prophets which were before you.</p>	<p>3 Nephi 12:3 Yea, blessed are the poor in spirit who come unto me, for theirs is the kingdom of heaven.</p> <p>4 And again, blessed are all they that mourn, for they shall be comforted.</p> <p>5 And blessed are the meek, for they shall inherit the earth.</p> <p>6 And blessed are all they who do hunger and thirst after righteousness, for they shall be filled with the Holy Ghost.</p> <p>7 And blessed are the merciful, for they shall obtain mercy.</p> <p>8 And blessed are all the pure in heart, for they shall see God.</p> <p>9 And blessed are all the peacemakers, for they shall be called the children of God.</p> <p>10 And blessed are all they who are persecuted for my name's sake, for theirs is the kingdom of heaven.</p> <p>11 And blessed are ye when men shall revile you and persecute, and shall say all manner of evil against you falsely, for my sake;</p> <p>12 For ye shall have great joy and be exceedingly glad, for great shall be your reward in heaven; for so persecuted they the prophets who were before you.</p>
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## SALT of the EARTH

<p>Matthew 5:13. ¶ Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.</p> <p>14. Ye are the light of the world. A city that is set on an hill cannot be hid.</p>	<p>JST Matthew 5:15 Verily, verily, I say unto you, I give unto you to be the salt of the earth; but if the salt shall lose its savor, wherewith shall the earth be salted? The salt shall thenceforth be good for nothing, but to be cast out, and to be trodden under foot of men.</p> <p>16 Verily, verily, I say unto you, I give unto you to be the light of the world; a city that is set on a hill cannot be hid.</p>	<p>3 Nephi 12:13 Verily, verily, I say unto you, I give unto you to be the salt of the earth; but if the salt shall lose its savor wherewith shall the earth be salted? The salt shall be thenceforth good for nothing, but to be cast out and to be trodden under foot of men.</p> <p>14 Verily, verily, I say unto you, I give unto you to be the light of this people. A city that is set on a hill cannot be hid.</p>
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<p>15. Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.</p> <p>16. Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.</p>	<p>17 Behold, do men light a candle and put it under a bushel? Nay, but on a candlestick; and it giveth light to all that are in the house.</p> <p>18 Therefore, let your light so shine before this world, that they may see your good works, and glorify your Father who is in heaven.</p>	<p>15 Behold, do men light a candle and put it under a bushel? Nay, but on a candlestick, and it giveth light to all that are in the house;</p> <p>16 Therefore let your light so shine before this people, that they may see your good works and glorify your Father who is in heaven.</p>
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**The LAW FULFILLED**

<p>Matthew 5:17. ¶ Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfil.</p> <p>18. For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.</p> <p>19. Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach them, the same shall be called great in the kingdom of heaven.</p> <p>20. For I say unto you, That except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no case enter into the kingdom of heaven.</p>	<p>JST Matthew 5:19 Think not that I am come to destroy the law, or the prophets; I am not come to destroy, but to fulfill.</p> <p>20 For verily I say unto you, heaven and earth must pass away, but one jot or one tittle shall in now wise pass from the law, until all be fulfilled.</p> <p>21 Whosoever, therefore, shall break one of these least commandments, and shall teach men so to do, he shall in no wise be saved in the kingdom of heaven; but whosoever shall do and teach these commandments of the law until it be fulfilled, the same shall be called great, and shall be saved in the kingdom of heaven.</p> <p>22 For I say unto you, except your righteousness shall exceed that of the Scribes and Pharisees, ye shall in no case enter into the kingdom of heaven.</p>	<p>3 Nephi 12:17 Think not that I am come to destroy the law or the prophets. I am not come to destroy but to fulfil;</p> <p>18 For verily I say unto you, one jot nor one tittle hath not passed away from the law, but in me it hath all been fulfilled.</p> <p>19 And behold, I have given you the law and the commandments of my Father, that ye shall believe in me, and that ye shall repent of your sins, and come unto me with a broken heart and a contrite spirit. Behold, ye have the commandments before you, and the law is fulfilled.</p> <p>20 Therefore come unto me and be ye saved; for verily I say unto you, that except ye shall keep my commandments, which I have commanded you at this time, ye shall in no case enter into the kingdom of heaven.</p>
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**KILLING and ANGER**

<p>Matthew 5:21. ¶ Ye have heard that it was said by them of old time, Thou shalt not kill; and whosoever shall kill shall be in danger of the judgment:</p> <p>22 But I say unto you, That whosoever is angry with his brother without a cause shall be in danger of the judgment: and whosoever shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell fire.</p>	<p>JST Matthew 5:23 Ye have heard that it hath been said by them of old time that, Thou shalt not kill; and whosoever shall kill, shall be in danger of the judgment of God.</p> <p>24 But I say unto you, that whosoever is angry with his brother, shall be in danger of his judgment; and whosoever shall say to his brother, Raca, or Rabcha, shall be in danger of the council; and whosoever shall say to his brother, Thou fool, shall be in danger of hell fire.</p>	<p>3 Nephi 12:21 Ye have heard that it hath been said by them of old time, and it is also written before you, that thou shalt not kill, and whosoever shall kill shall be in danger of the judgment of God;</p> <p>22 But I say unto you, that whosoever is angry with his brother shall be in danger of his judgment. And whosoever shall say to his brother, Raca, shall be in danger of the council; and whosoever shall say, Thou fool, shall be in danger of hell fire.</p>
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<p>23 Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee;</p> <p>24. Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.</p> <p>25. Agree with thine adversary quickly, while thou art in the way with him; lest at any time the adversary deliver thee to the judge, and the judge deliver thee to the officer, and thou be cast into prison.</p> <p>26. Verily I say unto thee, Thou shalt by no means come out thence, till thou hast paid the uttermost farthing.</p>	<p>25 Therefore, if ye shall come unto me, or shall desire to come unto me, or if thou bring thy gift to the altar, and there rememberest that they brother hath aught against thee,</p> <p>26 Leave thou thy gift before the altar, and go thy way unto thy brother, and first be reconciled to thy brother, and then come and offer thy gift.</p> <p>27 Agree with thine adversary quickly, while thou art in the way with him; lest at any time thine adversary deliver thee to the judge, and the judge deliver thee to the officer, and thou be cast into prison.</p> <p>26. Verily I say unto thee, Thou shalt by no means come out thence, till thou hast paid the uttermost farthing.</p>	<p>23 Therefore, if ye shall come unto me, or shall desire to come unto me, and rememberest that thy brother hath aught against thee—</p> <p>24 Go thy way unto thy brother, and first be reconciled to thy brother, and then come unto me with full purpose of heart, and I will receive you.</p> <p>25 Agree with thine adversary quickly while thou art in the way with him, lest at any time he shall get thee, and thou shalt be cast into prison.</p> <p>26 Verily, verily, I say unto thee, thou shalt by no means come out thence until thou hast paid the uttermost senine. And while ye are in prison can ye pay even one senine? Verily, verily, I say unto you, Nay.</p>
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**ADULTERY and LUST**

<p>Matthew 5:27. ¶ Ye have heard that it was said by them of old time, Thou shalt not commit adultery:</p> <p>28. But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.</p> <p>29. And if thy right eye offend thee, pluck it out, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.</p> <p>30. And if thy right hand offend thee, cut it off, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.</p>	<p>JST Matthew 5:29 Behold, it is written by them of old time, that thou shalt not commit adultery.</p> <p>30 But I say unto you, that whosoever looketh on a woman to lust after her, hath committed adultery with her already in his heart.</p> <p>31 Behold, I give unto you a commandment, that ye suffer none of these things to enter into your heart, for it is better that ye should deny yourselves of these things, wherein ye will take up your cross, than that ye should be cast into hell.</p> <p>32 Wherefore, if thy right eye offend thee, pluck it out and cast it from thee; for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.</p> <p>33 Or if thy right hand offend thee, cut it off and cast it from thee; for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.</p>	<p>3 Nephi 12:27 Behold, it is written by them of old time, that thou shalt not commit adultery;</p> <p>28 But I say unto you, that whosoever looketh on a woman, to lust after her, hath committed adultery already in his heart.</p> <p>29 Behold, I give unto you a commandment, that ye suffer none of these things to enter into your heart;</p> <p>30 For it is better that ye should deny yourselves of these things, wherein ye will take up your cross, than that ye should be cast into hell.</p>
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	34 And now this I speak, a parable concerning your sins; wherefore, cast them from you, that ye may not be hewn down and cast into the fire.	
<b>DIVORCE</b>		
Matthew 5:31. It hath been said, Whosoever shall put away his wife, let him give her a writing of divorcement:	JST Matthew 5:35 It hath been written that, Whosoever shall put away his wife, let him give her a writing of divorcement.	3 Nephi 12:31 It hath been written, that whosoever shall put away his wife, let him give her a writing of divorcement.
32. But I say unto you, That whosoever shall put away his wife, saving for the cause of fornication, causeth her to commit adultery: and whosoever shall marry her that is divorced committeth adultery.	36 Verily, verily, I say unto you, that whosoever shall put away his wife, saving for the cause of fornication, causeth her to commit adultery; and whosoever shall marry her that is divorced, committeth adultery.	32 Verily, verily, I say unto you, that whosoever shall put away his wife, saving for the cause of fornication, causeth her to commit adultery; and whoso shall marry her who is divorced committeth adultery.
<b>SWEARING OATHS</b>		
Matthew 5:33. ¶ Again, ye have heard that it hath been said by them of old time, Thou shalt not forswear thyself, but shalt perform unto the Lord thine oaths:	JST Matthew 5:37 Again, it hath been written by them of old time, Thou shalt not forswear thyself, but shalt perform unto the Lord thine oaths.	3 Nephi 12:33 And again it is written, thou shalt not forswear thyself, but shalt perform unto the Lord thine oaths;
34. But I say unto you, Swear not at all; neither by heaven; for it is God's throne:	38 But I say unto you, swear not at all; neither by heaven, for it is God's throne; nor by the earth, for it is his footstool; neither by Jerusalem, for it is the city of the great King; ...	34 But verily, verily, I say unto you, swear not at all; neither by heaven, for it is God's throne;
35. Nor by the earth; for it is his footstool: neither by Jerusalem; for it is the city of the great King.	...neither shalt thou swear by thy head, because thou canst not make one hair white or black.	35 Nor by the earth, for it is his footstool;
36. Neither shalt thou swear by thy head, because thou canst not make one hair white or black.	39 But let your communication be Yea, yea; Nay, nay; for whatsoever is more than these cometh of evil.	36 Neither shalt thou swear by thy head, because thou canst not make one hair black or white;
37. But let your communication be, Yea, yea; Nay, nay; for whatsoever is more than these cometh of evil.		37 But let your communication be Yea, yea; Nay, nay; for whatsoever cometh of more than these is evil.
<b>REVENGE and COMPASSION</b>		
Matthew 5:38. ¶ Ye have heard that it hath been said, An eye for an eye, and a tooth for a tooth:	JST Matthew 5:40 Ye have heard that it hath been said. An eye for an eye, and a tooth for a tooth.	3 Nephi 12:38 And behold, it is written, an eye for an eye, and a tooth for a tooth;
39. But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also.	41 But I say unto you, that ye resist not evil; but whosoever shall smite thee on thy right cheek, turn to him the other also.	39 But I say unto you, that ye shall not resist evil, but whosoever shall smite thee on thy right cheek, turn to him the other also;
40. And if any man will sue thee at the law, and take away thy coat, let him have thy cloke also.	42 And if any man will sue thee at the law, and take away thy coat, let him have it; and if he sue thee again, let him have thy cloak also.	40 And if any man will sue thee at the law and take away thy coat, let him have thy cloak also;

41. And whosoever shall compel thee to go a mile, go with him twain.	43 And whosoever shall compel thee to go a mile, go with him a mile; and whosoever shall compel thee to go with him twain, thou shalt go with him twain.	41 And whosoever shall compel thee to go a mile, go with him twain.
42. Give to him that asketh thee, and from him that would borrow of thee turn not thou away.	44 Give to him that asketh of thee; and from him that would borrow of thee, turn not thou away.	42 Give to him that asketh thee, and from him that would borrow of thee turn thou not away.

**LOVE Thy NEIGHBOR and Thy ENEMY**

Matthew 5:43. ¶ Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.	JST Matthew 5:45 Ye have heard that it hath been said, Thou shalt love thy neighbor, and hate thine enemy.	3 Nephi 12:43 And behold it is written also, that thou shalt love thy neighbor and hate thine enemy;
44. But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;	46 But I say unto you, love your enemies; bless them that curse you; do good to them that hate you; and pray for them which despitefully use you and persecute you;	44 But behold I say unto you, love your enemies, bless them that curse you, do good to them that hate you, and pray for them who despitefully use you and persecute you;
45. That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.	47 That ye may be the children of your Father who is in heaven; for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.	45 That ye may be the children of your Father who is in heaven; for he maketh his sun to rise on the evil and on the good.
46. For if ye love them which love you, what reward have ye? do not even the publicans the same?	48 For if ye love only them which love you, what reward have you? Do not even the publicans the same?	46 Therefore those things which were of old time, which were under the law, in me are all fulfilled.
47. And if ye salute your brethren only, what do ye more than others? Do not even the publicans so?	49 And if ye salute your brethren only, what do ye more than others? Do not even the publicans the same?	47 Old things are done away, and all things have become new.
48. Be ye therefore perfect, even as your Father which is in heaven is perfect.	50 Ye are therefore commanded to be perfect, even as your Father who is in heaven is perfect.	48 Therefore I would that ye should be perfect even as I, or your Father who is in heaven is perfect.

**Sincere ALMS Before MEN**

Matthew 6:1. ¶ Take heed that ye do not your alms before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven.	JST Matthew 6:1 And it came to pass that, as Jesus taught his disciples, he said unto them, Take heed that ye do not your alms before men, to be seen of them; otherwise ye have no reward of your father who is in heaven.	3 Nephi 13:1 Verily, verily, I say that I would that ye should do alms unto the poor; but take heed that ye do not your alms before men to be seen of them; otherwise ye have no reward of your Father who is in heaven.
2. Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have their reward.	2 Therefore, when thou doest alms, do not sound a trumpet before thee, as the hypocrites do, in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, they have their reward.	2 Therefore, when ye shall do your alms do not sound a trumpet before you, as will hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, they have their reward.
3. But when thou doest alms, let not thy left hand know what thy right hand	3 But when thou doest alms, let it be unto thee as thy left hand not knowing	3 But when thou doest alms let not thy left hand know what thy right hand

doeth:	what thy right hand doeth;	doeth;
4. That thine alms may be in secret; and thy Father which seeth in secret himself shall reward thee openly.	4 That thine alms may be in secret; and thy Father who seeth in secret, himself shall reward thee openly.	4 That thine alms may be in secret; and thy Father who seeth in secret, himself shall reward thee openly.

**Sincere PRAYER**

Matthew 6:5. ¶ And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.	JST Matthew 6:5 And when thou prayest, thou shalt not be as the hypocrites; for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men; for, verily, I say unto you, they have their reward.	3 Nephi 13:5 And when thou prayest thou shalt not do as the hypocrites, for they love to pray, standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, they have their reward.
6. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.	6 But thou, when thou prayest, enter into thy closet, and when thou hast shut the door, pray to thy Father who is in secret; and thy Father who seeth in secret shall reward thee openly.	6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father who is in secret; and thy Father, who seeth in secret, shall reward thee openly.
7. But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.	7 But when ye pray, use not vain repetitions, as the hypocrites do; for they think that they shall be heard for their much speaking.	7 But when ye pray, use not vain repetitions, as the heathen, for they think that they shall be heard for their much speaking.
8. Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.	8 Therefore be ye not like unto them; for your Father knoweth what things ye have need of, before ye ask him.	8 Be not ye therefore like unto them, for your Father knoweth what things ye have need of before ye ask him.

**The LORD's PRAYER**

Matthew 6:9. ¶ After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.	JST Matthew 6:9 Therefore after this manner shall ye pray, saying, 10 Our Father who art in heaven, Hallowed be thy name.	3 Nephi 13:9 After this manner therefore pray ye: Our Father who art in heaven, hallowed be thy name.
10. Thy kingdom come. Thy will be done in earth, as it is in heaven.	11 Thy kingdom come. Thy will be done on earth, as it is done in heaven.	10 Thy will be done on earth as it is in heaven.
11. Give us this day our daily bread.	12 Give us this day, our daily bread.	
12. And forgive us our debts, as we forgive our debtors.	13 And forgive us our trespasses, as we forgive those who trespass against us.	11 And forgive us our debts, as we forgive our debtors.
13. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.	14 And suffer us not to be led into temptation, but deliver us from evil. 15 For thine is the kingdom and the power, and the glory, forever and ever. Amen.	12 And lead us not into temptation, but deliver us from evil. 13 For thine is the kingdom, and the power, and the glory, forever. Amen.
14. For if ye forgive men their trespasses, your heavenly Father will also forgive you: 15. But if ye forgive not	16 For if ye forgive men their trespasses, who trespass against you, your heavenly Father will also forgive you;	14 For, if ye forgive men their trespasses your heavenly Father will also forgive you;

<p>men their trespasses, neither will your Father forgive your trespasses.</p>	<p>but if ye forgive not men their trespasses, neither will your heavenly Father forgive you your trespasses.</p>	<p>15 But if ye forgive not men their trespasses neither will your Father forgive your trespasses.</p>
<p align="center"><b>NOTE:</b> Luke 11:2-4 has another rendition of this prayer.</p>		
<p align="center"><b>Sincere FASTING</b></p>		
<p>Matthew 6:16. ¶ Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.</p> <p>17. But thou, when thou fastest, anoint thine head, and wash thy face; 18. That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.</p>	<p>JST Matthew 6:17 Moreover, when ye fast, be not as the hypocrites, of a sad countenance; for they disfigure their faces, that they may appear unto men to fast. Verily, I say unto you, they have their reward.</p> <p>18 But thou, when thou fastest, anoint thy head and wash thy face, that thou appear not unto men to fast, but unto thy Father who is in secret; and thy Father who seeth in secret, shall reward thee openly.</p>	<p>3 Nephi 13:16 Moreover, when ye fast be not as the hypocrites, of a sad countenance, for they disfigure their faces that they may appear unto men to fast. Verily I say unto you, they have their reward.</p> <p>17 But thou, when thou fastest, anoint thy head, and wash thy face; 18 That thou appear not unto men to fast, but unto thy Father, who is in secret; and thy Father, who seeth in secret, shall reward thee openly.</p>
<p align="center"><b>SEEKING TRUE TREASURES</b></p>		
<p>Matthew 6:19. ¶ Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:</p> <p>20. But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:</p> <p>21. For where your treasure is, there will your heart be also.</p> <p>22. The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.</p> <p>23. But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness!</p> <p>24. No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.</p>	<p>JST Matthew 6:19 Lay not up for yourselves treasure upon earth, where moth and rust doth corrupt, and where thieves break through and steal.</p> <p>20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal.</p> <p>21 For where your treasure is, there will your heart be also.</p> <p>22 The light of the body is the eye; if therefore thine eye be single to the glory of God, thy whole body shall be full of light.</p> <p>23 But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light which is in thee be darkness, how great shall that darkness be.</p> <p>24 No man can serve two masters, for either he will hate the one, and love the other; or else he will hold to the one and despise the other. Ye cannot serve God and Mammon.</p>	<p>3 Nephi 13:19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and thieves break through and steal;</p> <p>20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal.</p> <p>21 For where your treasure is, there will your heart be also.</p> <p>22 The light of the body is the eye; if, therefore, thine eye be single, thy whole body shall be full of light.</p> <p>23 But if thine eye be evil, thy whole body shall be full of darkness. If, therefore, the light that is in thee be darkness, how great is that darkness!</p> <p>24 No man can serve two masters; for either he will hate the one and love the other, or else he will hold to the one and despise the other. Ye cannot serve God and Mammon.</p>



## TAKE NO THOUGHT

Matthew 6:25. ¶ Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26. Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27. Which of you by taking thought can add one cubit unto his stature?

28. And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29. And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30. Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31. Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32. (For after all these things do the Gentiles seek:) ...

JST Matthew 6:25 And, again I say unto you, go ye into the world, and care not for the world; for the world will hate you, and will persecute you, and will turn you out of their synagogues. 26 Nevertheless, ye shall go forth from house to house, teaching the people; and I will go before you. 27 And your heavenly Father will provide for you, whatsoever things ye need for food, what ye shall eat; and for raiment, what ye shall wear or put on.

28 Therefore I say unto you, take no thought for you life, what ye shall eat, or what ye shall drink; nor yet for your bodies, what ye shall put on. Is not the life more than meat, and the body than raiment?

29 Behold the fowls of the air, for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they? How much more will he not feed you?

30 Wherefore take no thought for these things, but keep my commandments wherewith I have commanded you.

31 For which of you by taking thought can add one cubit unto his stature.

32 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin.

33 And yet I say unto you, that even Solomon, in all his glory, was not arrayed like one of these.

34 Therefore, if God so clothe the grass of the field, which today is, and tomorrow is cast into the oven, how much more will he not provide for you, if ye are not of little faith.

35 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

36 Why is it that ye murmur among yourselves, saying, We cannot obey thy

3 Nephi 13:25 And now it came to pass that when Jesus had spoken these words he looked upon the twelve whom he had chosen, and said unto them: Remember the words which I have spoken. For behold, ye are they whom I have chosen to minister unto this people. ...

... Therefore I say unto you, take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air, for they sow not, neither do they reap nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field how they grow; they toil not, neither do they spin;

29 And yet I say unto you, that even Solomon, in all his glory, was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which today is, and tomorrow is cast into the oven, even so will he clothe you, if ye are not of little faith.

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? Or, Wherewithal shall we be clothed?

<p>... for your heavenly Father knoweth that ye have need of all these things.</p> <p>33. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.</p> <p>34. Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.</p>	<p>word because ye have not all these things, and seek to excuse yourselves, saying that, After all these things do the Gentiles seek.</p> <p>37 Behold, I say unto you, that your heavenly Father knoweth that ye have need of all these things.</p> <p>38 Wherefore, seek not the things of this world but seek ye first to build up the kingdom of God, and to establish his righteousness, and all these things shall be added unto you.</p> <p>39 Take, therefore, no thought for the morrow; for the morrow shall take thought for the things of itself. Sufficient unto the day shall be the evil thereof.</p>	<p>32 For your heavenly Father knoweth that ye have need of all these things.</p> <p>33 But seek ye first the kingdom of God and his righteousness, and all these things shall be added unto you.</p> <p>34 Take therefore no thought for the morrow, for the morrow shall take thought for the things of itself. Sufficient is the day unto the evil thereof.</p>
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**RIGHTEOUS JUDGMENT**

<p>Matthew 7:1. ¶ Judge not, that ye be not judged.</p> <p>2. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.</p> <p>3. And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye?</p> <p>4. Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam is in thine own eye?</p>	<p>JST Matthew 7:1 Now these are the words which Jesus taught his disciples that they should say unto the people.</p> <p>2 Judge not unrighteously, that ye be not judged; but judge righteous judgment.</p> <p>3 For with what judgment ye shall judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again.</p> <p>4 And again, ye shall say unto them, Why is it that thou beholdest the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye?</p> <p>5 Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and canst not behold a beam in thine own eye?</p> <p>6 And Jesus said unto his disciples, Beholdest thou the Scribes, and the Pharisees, and the Priests, and the Levites? They teach in their synagogues, but do not observe the law, nor the commandments; and all have gone out of the way, and are under sin. 7 Go thou and say unto them, Why teach ye men the</p>	<p>3 Nephi 14:1 AND now it came to pass that when Jesus had spoken these words he turned again to the multitude, and did open his mouth unto them again, saying:</p> <p>Verily, verily, I say unto you, Judge not, that ye be not judged.</p> <p>2 For with what judgment ye judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again.</p> <p>3 And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye?</p> <p>4 Or how wilt thou say to thy brother: Let me pull the mote out of thine eye—and behold, a beam is in thine own eye?</p>
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<p>5. Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye.</p> <p>6. Give not that which is holy unto the dogs, neither cast ye your pearls before swine, lest they trample them under their feet, and turn again and rend you.</p>	<p>law and the commandments, when ye yourselves are the children of corruption?</p> <p>8 Say unto them, Ye hypocrites, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye.</p> <p>9 Go ye into the world, saying unto all, Repent, for the kingdom of heaven has come nigh unto you.</p> <p>10 And the mysteries of the kingdom ye shall keep within yourselves; for it is not meet to give that which is holy unto the dogs; neither cast ye your pearls unto swine, lest they trample them under their feet.</p> <p>11 For the world cannot receive that which ye yourselves, are not able to bear; wherefore ye shall not give your pearls unto them, lest they turn again and rend you.</p>	<p>5 Thou hypocrite, first cast the beam out of thine own eye; and then shalt thou see clearly to cast the mote out of thy brother's eye.</p> <p>6 Give not that which is holy unto the dogs, neither cast ye your pearls before swine, lest they trample them under their feet, and turn again and rend you.</p>
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**ASK, SEEK, KNOCK**

<p>Matthew 7:7. ¶ Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:</p> <p>8. For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.</p>	<p>JST Matthew 7:12 Say unto them, Ask of God; ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.</p> <p>13 For every one that asketh, receiveth; and he that seeketh, findeth; and unto him that knocketh, it shall be opened.</p> <p>14 And then said his disciples unto him, they will say unto us, We ourselves are righteous, and need not that any man should teach us. God, we know, heard Moses and some of the prophets; but us he will not hear.</p> <p>15 And they will say, We have the law for our salvation, and that is sufficient for us.</p> <p>16 Then Jesus answered, and said unto his disciples, thus shall ye say unto them,</p> <p>17 What man among you, having a son, and he shall be standing out, and shall say, Father, open thy house that I may come in and sup with thee, will not say, Come in, my son; for mine is thine, and thine is mine?</p>	<p>3 Nephi 14:7 Ask, and it shall be given unto you; seek, and ye shall find; knock, and it shall be opened unto you.</p> <p>8 For every one that asketh, receiveth; and he that seeketh, findeth; and to him that knocketh, it shall be opened.</p>
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<p>9. Or what man is there of you, whom if his son ask bread, will he give him a stone?</p> <p>10. Or if he ask a fish, will he give him a serpent?</p> <p>11. If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?</p>	<p>18 Or what man is there among you, who, if his son ask bread, will give him a stone?</p> <p>19 Or if he ask a fish, will he give him a serpent?</p> <p>20 If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father who is in heaven give good things to them that ask him?</p>	<p>9 Or what man is there of you, who, if his son ask bread, will give him a stone?</p> <p>10 Or if he ask a fish, will he give him a serpent?</p> <p>11 If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father who is in heaven give good things to them that ask him?</p>
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**STRAIGHT and NARROW Way**

<p>Matthew 7:12. ¶ Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets.</p> <p>13. Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:</p> <p>14. Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.</p>	<p>JST Matthew 7:21 Therefore, all things whatsoever ye would that men should do to you, do ye even so to them; for this is the law and the prophets.</p> <p>22 Repent, therefore, and enter ye in at the strait gate; for wide is the gate, and broad is the way that leadeth to destruction, and many there be who go in thereat.</p> <p>23 Because strait is the gate, and narrow is the way that leadeth unto life, and few there be that find it.</p>	<p>3 Nephi 14:12 Therefore, all things whatsoever ye would that men should do to you, do ye even so to them, for this is the law and the prophets.</p> <p>13 Enter ye in at the strait gate; for wide is the gate, and broad is the way, which leadeth to destruction, and many there be who go in thereat;</p> <p>14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.</p>
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**FALSE PROPHETS**

<p>Matthew 7:15. ¶ Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves.</p> <p>16. Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?</p> <p>17. Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit.</p> <p>18. A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit.</p> <p>19. Every tree that bringeth not forth good fruit is hewn down, and cast into the fire.</p> <p>20. Wherefore by their fruits ye shall know them.</p>	<p>JST Matthew 7:24 And, again, beware of false prophets, who come to you in sheep's clothing; but inwardly they are ravening wolves.</p> <p>25 Ye shall know them by their fruits; for do men gather grapes of thorns, or figs of thistles?</p> <p>26 Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit.</p> <p>27 A good tree cannot bring forth evil fruit; neither can a corrupt tree bring forth good fruit.</p> <p>28 Every tree that bringeth not forth good fruit, is hewn down, and cast into the fire.</p> <p>29 Wherefore by their fruits ye shall know them.</p>	<p>3 Nephi 14:15 Beware of false prophets, who come to you in sheep's clothing, but inwardly they are ravening wolves.</p> <p>16 Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?</p> <p>17 Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit.</p> <p>18 A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit.</p> <p>19 Every tree that bringeth not forth good fruit is hewn down, and cast into the fire.</p> <p>20 Wherefore, by their fruits ye shall know them.</p>
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**MUST SHOW ACTIONS**

Matthew 7:21. ¶ Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.

22. Many will say to me in that day, Lord, Lord, have we not prophesied in thy name? and in thy name have cast out devils? and in thy name done many wonderful works?

23. And then will I profess unto them, I never knew you: depart from me, ye that work iniquity.

24. Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

25. And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

26. And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

27. And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

JST Matthew 7:30 Verily I say unto you, it is not every one that saith unto me, Lord, Lord, that shall enter unto the kingdom of heaven; but he that doeth the will of my Father who is in heaven.

31 For the day soon cometh, that men shall come before me to judgment, to be judged according to their works.

32 And many will say unto me in that day, Lord, Lord, have we not prophesied in thy name; and in thy name cast out devils; and in thy name done many wonderful works?

33 And then will I say, Ye never knew me; depart from me ye that work iniquity.

34 Therefore, whosoever heareth these sayings of mine and doeth them, I will liken him unto a wise man, who built his house upon a rock, and the rains descended, and the floods came, and the winds blew, and beat upon that house, and it fell not; for it was founded upon a rock.

35 And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, who built his house upon the sand; and the rains descended, and the floods came, and the winds blew, and beat upon that house, and it fell; and great was the fall of it.

3 Nephi 14:21 Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father who is in heaven.

22 Many will say to me in that day: Lord, Lord, have we not prophesied in thy name, and in thy name have cast out devils, and in thy name done many wonderful works?

23 And then will I profess unto them: I never knew you; depart from me, ye that work iniquity.

24 Therefore, whoso heareth these sayings of mine and doeth them, I will liken him unto a wise man, who built his house upon a rock—

25 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not, for it was founded upon a rock.

26 And every one that heareth these sayings of mine and doeth them not shall be likened unto a foolish man, who built his house upon the sand—

27 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell, and great was the fall of it.

**CONCLUSION**

Matthew 7:28. And it came to pass, when Jesus had ended these sayings, the people were astonished at his doctrine:

29. For he taught them as one having authority, and not as the scribes.

JST Matthew 7:36 And it came to pass when Jesus had ended these sayings with his disciples, the people were astonished at his doctrine;

37 For he taught them as one having authority from God, and not as having authority from the Scribes.

3 Nephi 15:1 AND now it came to pass that when Jesus had ended these sayings he cast his eyes round about on the multitude, and said unto them: Behold, ye have heard the things which I taught before I ascended to my Father; therefore, whoso remembereth these sayings of mine and doeth them, him will I raise up at the last day. 2 And it came to pass that when Jesus had said these words he perceived that there were some among them who marveled, and wondered what he would concerning the law of Moses; for they understood

		<p>not the saying that old things had passed away, and that all things had become new. 3 And he said unto them: Marvel not that I said unto you that old things had passed away, and that all things had become new. 4 Behold, I say unto you that the law is fulfilled that was given unto Moses. 5 Behold, I am he that gave the law, and I am he who covenanted with my people Israel; therefore, the law in me is fulfilled, for I have come to fulfil the law; therefore it hath an end. 6 Behold, I do not destroy the prophets, for as many as have not been fulfilled in me, verily I say unto you, shall all be fulfilled. 7 And because I said unto you that old things have passed away, I do not destroy that which hath been spoken concerning things which are to come. 8 For behold, the covenant which I have made with my people is not all fulfilled; but the law which was given unto Moses hath an end in me. 9 Behold, I am the law, and the light. Look unto me, and endure to the end, and ye shall live; for unto him that endureth to the end will I give eternal life. 10 Behold, I have given unto you the commandments; therefore keep my commandments. And this is the law and the prophets, for they truly testified of me.</p>
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